

Rapids Summer Open
Richmond, 6 - 7/6/2026

Event 213
6/6/2026

Women, 400m Medley

13 years and older
Results

IVCD 13 - 14: 5:48.50; 15 +: 5:33.90 / PROV 13 - 14: 5:25.90; 15 - 16: 5:21.20; 17 +: 5:16.40; 15 +: 5:21.20 / QUAL 15 +: 6:00.00; 13 - 14: 6:15.00

Points: AQUA 2026

Rank	Age								Time	Pts	
13 - 14 years											
1.	WU, Alina				14	Richmond Rapids				5:22.46	IVC PRO
	50m:	32.22	32.22	150m:	1:49.56	39.29	250m:	3:16.09	46.84	350m:	4:45.06 42.01
	100m:	1:10.27	38.05	200m:	2:29.25	39.69	300m:	4:03.05	46.96	400m:	5:22.46 37.40
2.	REED, Anabelle				13	Chena Swim Club				5:59.13	
	50m:	41.56	41.56	150m:	2:16.40	46.43	250m:	3:50.55	49.59	350m:	5:21.58 40.64
	100m:	1:29.97	48.41	200m:	3:00.96	44.56	300m:	4:40.94	50.39	400m:	5:59.13 37.55
3.	OLUND, Shai				13	Chena Swim Club				6:00.10	
	50m:	41.21	41.21	150m:	2:15.49	46.24	250m:	3:50.45	49.10	350m:	5:21.65 41.11
	100m:	1:29.25	48.04	200m:	3:01.35	45.86	300m:	4:40.54	50.09	400m:	6:00.10 38.45
4.	WEBB, Rachel				14	ADVENT Swim Academy				6:28.78	QUA
	50m:	41.08	41.08	150m:	2:18.36	50.29	250m:	4:03.27	56.18	350m:	5:45.19 44.79
	100m:	1:28.07	46.99	200m:	3:07.09	48.73	300m:	5:00.40	57.13	400m:	6:28.78 43.59