

Rapids Summer Open
Richmond, 6 - 7/6/2026

Event 214
6/6/2026

Men, 400m Medley

13 years and older
Results

IVCD 13 - 14: 5:33.20; 15 +: 5:09.10 / PROV 13 - 14: 5:08.50; 15 - 16: 4:54.40; 17 +: 4:43.00; 15 +: 4:54.40 / QUAL 15 +: 6:00.00; 13 - 14: 6:15.00

Points: AQUA 2026

Rank	Age						Time		Pts			
13 - 14 years												
1.	LEUNG, Hayden			14	Richmond Rapids			5:03.84		IVC PRO		
	50m:	32.11	32.11	150m:	1:51.10	42.71	250m:	3:11.56	39.25	350m:	4:29.00	36.29
	100m:	1:08.39	36.28	200m:	2:32.31	41.21	300m:	3:52.71	41.15	400m:	5:03.84	34.84
2.	LACANARIA, John			14	Chena Swim Club			5:24.69		IVC		
	50m:	34.12	34.12	150m:	1:59.50	44.45	250m:	3:25.91	40.81	350m:	4:48.83	40.24
	100m:	1:15.05	40.93	200m:	2:45.10	45.60	300m:	4:08.59	42.68	400m:	5:24.69	35.86
3.	CHIONG, Craig Jason			13	Wayland Swim Club			5:24.86		IVC		
	50m:	34.77	34.77	150m:	1:56.45	41.64	250m:	3:23.26	45.26	350m:	4:47.84	38.23
	100m:	1:14.81	40.04	200m:	2:38.00	41.55	300m:	4:09.61	46.35	400m:	5:24.86	37.02
4.	CANO HERNANDEZ, Paco			13	Vancouver Pacific Swim Club			5:34.22				
	50m:	34.88	34.88	150m:	1:57.45	43.19	250m:	3:28.88	49.09	350m:	4:57.36	38.85
	100m:	1:14.26	39.38	200m:	2:39.79	42.34	300m:	4:18.51	49.63	400m:	5:34.22	36.86
5.	MACDONALD, Dougie			13	Vancouver Pacific Swim Club			5:46.42				
	50m:	35.01	35.01	150m:	2:01.72	44.78	250m:	3:37.29	55.33	350m:	5:10.67	41.06
	100m:	1:16.94	41.93	200m:	2:41.96	40.24	300m:	4:29.61	52.32	400m:	5:46.42	35.75
6.	SUN, Harry			13	Chena Swim Club			5:46.51				
	50m:	37.65	37.65	150m:	2:07.87	46.06	250m:	3:36.13	47.40	350m:	5:06.79	45.22
	100m:	1:21.81	44.16	200m:	2:48.73	40.86	300m:	4:21.57	45.44	400m:	5:46.51	39.72
7.	GHAYEGHVAR, Radin			14	ADVENT Swim Academy			6:23.56		QUA		
	50m:	41.59	41.59	150m:	2:21.14	50.45	250m:	4:04.69	53.97	350m:	5:41.65	42.28
	100m:	1:30.69	49.10	200m:	3:10.72	49.58	300m:	4:59.37	54.68	400m:	6:23.56	41.91
15 years and older												
1.	LEE, Eagan			15	Richmond Rapids			5:22.48				
	50m:	34.28	34.28	150m:	1:57.96	42.71	250m:	3:23.18	43.45	350m:	4:45.95	38.06
	100m:	1:15.25	40.97	200m:	2:39.73	41.77	300m:	4:07.89	44.71	400m:	5:22.48	36.53
2.	ROMANENKO, Alexander			15	ADVENT Swim Academy			5:59.60				
	50m:	41.15	41.15	150m:	2:14.25	47.54	250m:	3:53.54	53.65	350m:	5:22.58	39.21
	100m:	1:26.71	45.56	200m:	2:59.89	45.64	300m:	4:43.37	49.83	400m:	5:59.60	37.02