

Rapids Summer Open
Richmond, 6 - 7/6/2026

Event 231
6/7/2026

Women, 400m Freestyle

13 years and older
Results

IVCD 13 - 14: 5:06.00; 15 +: 4:53.20 / PROV 13 - 14: 4:46.10; 15 - 16: 4:43.10; 17 +: 4:37.20; 15 +: 4:43.10 / QUAL 15 +: 5:30.00; 13 - 14: 5:45.00

Points: AQUA 2026

Rank	Age						Time				Pts
13 - 14 years											
1.	LIN, Yi-Jin				13	Richmond Rapids				4:41.78	
	50m:	32.54	32.54	150m:	1:42.48	35.15	250m:	2:54.87	36.33	350m:	4:07.08 36.17
	100m:	1:07.33	34.79	200m:	2:18.54	36.06	300m:	3:30.91	36.04	400m:	4:41.78 34.70
2.	HANLON, Riley I				14	Chena Swim Club				4:52.26	
	50m:	32.46	32.46	150m:	1:46.92	37.68	250m:	3:03.03	38.17	350m:	4:17.65 36.96
	100m:	1:09.24	36.78	200m:	2:24.86	37.94	300m:	3:40.69	37.66	400m:	4:52.26 34.61
3.	FRIER, Hannah				14	Richmond Rapids				4:53.37	
	50m:	33.12	33.12	150m:	1:46.56	37.14	250m:	3:01.85	37.68	350m:	4:16.86 37.68
	100m:	1:09.42	36.30	200m:	2:24.17	37.61	300m:	3:39.18	37.33	400m:	4:53.37 36.51
4.	HIPPEL, Emilia				13	Chena Swim Club				5:16.08	
	50m:	37.12	37.12	150m:	2:00.08	42.10	250m:	3:21.82	40.47	350m:	4:39.87 38.35
	100m:	1:17.98	40.86	200m:	2:41.35	41.27	300m:	4:01.52	39.70	400m:	5:16.08 36.21
5.	REED, Anabelle				13	Chena Swim Club				5:35.18	
	50m:	36.65	36.65	150m:	2:01.94	43.00	250m:	3:28.46	43.37	350m:	4:53.53 42.74
	100m:	1:18.94	42.29	200m:	2:45.09	43.15	300m:	4:10.79	42.33	400m:	5:35.18 41.65
15 years and older											
1.	YAN, Hanny X				15	West Vancouver Otters				4:58.02	
	50m:	33.97	33.97	150m:	1:48.52	37.70	250m:	3:05.03	38.16	350m:	4:20.68 37.41
	100m:	1:10.82	36.85	200m:	2:26.87	38.35	300m:	3:43.27	38.24	400m:	4:58.02 37.34
2.	AMAT, Romily				15	Chena Swim Club				5:01.76	
	50m:	33.14	33.14	150m:	1:45.32	36.58	250m:	3:02.80	39.17	350m:	4:21.90 39.22
	100m:	1:08.74	35.60	200m:	2:23.63	38.31	300m:	3:42.68	39.88	400m:	5:01.76 39.86
3.	ANDERSON, Elizabeth				16	Richmond Rapids				5:03.42	
	50m:	34.93	34.93	150m:	1:52.12	38.68	250m:	3:09.12	38.04	350m:	4:25.92 38.10
	100m:	1:13.44	38.51	200m:	2:31.08	38.96	300m:	3:47.82	38.70	400m:	5:03.42 37.50
4.	MERRIGAN, Madelyn				17	Chena Swim Club				5:06.56	
	50m:	33.64	33.64	150m:	1:47.93	37.41	250m:	3:04.90	38.42	350m:	4:19.23 36.66
	100m:	1:10.52	36.88	200m:	2:26.48	38.55	300m:	3:42.57	37.67	400m:	5:06.56 47.33
5.	VON HUENDEBERG, Meisa				15	Richmond Rapids				5:17.36	
	50m:	36.29	36.29	150m:	1:57.56	41.24	250m:	3:18.24	40.85	350m:	4:39.46 40.69
	100m:	1:16.32	40.03	200m:	2:37.39	39.83	300m:	3:58.77	40.53	400m:	5:17.36 37.90